

SHIPPY'S SALADS

Lunch

- Wedge of Iceberg w/ bacon, tomatoes & blue cheese dressing...\$8.95
 Fresh Baby Spinach Salad w/ mushrooms & onions.....\$8.50
 Mixed Green Salad ^W romaine, iceberg, carrots,
 red cabbage, tomatoes & cucumbers.....\$6.50

Choice of toppings for spinach salad / mixed salad

- | | | | |
|---|---------|---|---------|
| Grilled Chicken Breast* | \$12.95 | / | \$11.95 |
| Blackened Chicken Breast* | \$13.95 | / | \$12.95 |
| Mozzarella, Roasted Red Peppers, & Onions..... | \$12.95 | / | \$11.95 |
| Fried Shrimp..... | \$17.95 | / | \$16.95 |
| Fresh Fried Flounder..... | \$15.95 | / | \$14.95 |
| Fried or Broiled Scallops..... | \$16.95 | / | \$15.95 |
| Fresh Broiled Fish of the Day..... | \$17.95 | / | \$16.95 |
| Fresh Blackened Fish of the Day. | \$18.95 | / | \$17.95 |

*Choice of Dressings; Balsamic Vinaigrette, Blue Cheese, French,
 Honey Mustard, Oil & Vinegar, Ranch, Russian.*

*melted American, Cheddar or Swiss add \$1.00

SHIPPY'S SALADS

Dinner

- Wedge of Iceberg w/ bacon, tomatoes & blue cheese dressing...\$8.95
 Fresh Baby Spinach Salad w/ mushrooms & onions.....\$8.95
 Mixed Green Salad ^W romaine, iceberg, carrots,
 red cabbage, tomatoes & cucumbers.....\$6.25

Choice of toppings for spinach salad / mixed salad

- | | | | |
|---|---------|---|---------|
| Grilled Chicken Breast* | \$24.95 | / | \$23.95 |
| Blackened Chicken Breast* | \$25.95 | / | \$24.95 |
| Mozzarella, Roasted Red Peppers, & Onions..... | \$23.95 | / | \$22.95 |
| Fried Shrimp..... | \$28.95 | / | \$27.95 |
| Fresh Fried Flounder..... | \$28.95 | / | \$27.95 |
| Fried or Broiled Scallops..... | \$28.95 | / | \$27.95 |
| Fresh Broiled Fish of the Day..... | \$28.95 | / | \$27.95 |
| Fresh Blackened Fish of the Day. | \$29.95 | / | \$28.95 |

Above salads, with topping, served w/ Soup or Coleslaw & Pot or Veg.

*Choice of Dressings; Balsamic Vinaigrette, Blue Cheese, French,
 Honey Mustard, Oil & Vinegar, Ranch, Russian.*

*melted American, Cheddar or Swiss add \$1.00

SHIPPY'S SPECIALS

Lunch

- 3 Fresh Fish daily, broiled...\$16.95 or blackened...\$17.95
Above Item served with soup or salad, potato and veg.
 *Fresh Roastbeef, Swiss, BLT with horseradish mayo,
 served on pumpernickel bread....\$11.95
 *Spicy Tuna Melt - medium chunky salsa, tuna salad, melted
 cheddar cheese on a English muffin.....\$10.95
 *Grilled Chicken Breast on a roll with mayo, lettuce &
 onion.....\$11.95
 *Blackened Chicken & Cheddar on a roll with lettuce &
 tomato.....\$13.95
 *Liverwurst & Onion on rye.....\$8.95
 *Jalapeno Cheeseburger - sliced jalapeno's with your
 choice of cheddar, Swiss, or American cheese.....\$10.95
 *Hot Pastrami & Swiss on Rye.....\$10.95
 *Grilled Bratwurst on a roll with sautéed onion & melted
 Swiss cheese.....\$10.95
 * Above Specials served with 1 side; FF's, Mash, Coleslaw, or Potato salad.

Take Out or Reservations call 631-283-0007
www.shippypumpernickels.com

SHIPPY'S HEALTHY ALTERNATIVES

Dinner

- Wiener Schnitzel - lightly breaded veal cutlet
 sautéed in olive oil\$25.95
 Chicken Schnitzel - lightly breaded chicken cutlet
 sautéed in olive oil\$22.95
 Chicken Bratwurst - two Chicken sausages.....\$22.95
 Shrimp Scampi - white wine, olive oil, fresh garlic &
 paprika.....\$27.95
 Broiled Shrimp - white wine, olive oil &
 paprika.....\$27.95
 Broiled Scallops - white wine, olive oil, garlic &
 paprika.....\$27.95
 Broiled Fish - white wine, olive oil, garlic &
 paprika.....\$27.95
 Blackened Fish - sautéed in olive oil\$28.95
 Above items served with soup or salad, potato & vegetable.

*Healthy dressing alternatives; Low fat Italian,
 Fat free Honey Mustard, Olive Oil & Vinegar, Fat free Ranch,
 Low fat Raspberry vinaigrette.*